

How to access Ingredients, Nutrition, and Allergens Information in the Sage Dining menus

1. Go to <https://www.sagedining.com/sites/kinkaid/menu>
2. In the middle drop-down menu, change to lunch. (The default view is Breakfast)

The screenshot shows the Sage Dining website for Kinkaid School. At the top left is the Kinkaid School logo, and at the top right is the Sage Dining Services logo with the tagline "DEFINING THE STANDARD". Below the logos is the text "KINKAID SCHOOL" in green. To the right of this text is a link that says "CLICK FOR WEEKLY OR MONTHLY VIEW". Below this is a navigation bar with "TODAY'S MENU" and "ADDITIONAL DAILY OFFERINGS". Under "TODAY'S MENU" is a dropdown menu labeled "ALLERGENS & EATING PATTERNS". Below this is a row of three dropdown menus: "KINKAID SCHOOL 2020...", "BREAKFAST", and "10/15/2021". The "BREAKFAST" dropdown is highlighted with a green box, and a green arrow points to its open menu, which shows "Breakfast" and "Lunch". The "Lunch" option is also highlighted with a green box. Below the dropdowns is a section labeled "ENTRÉES" in green. It contains two items: "Scrambled Eggs - The Main Ingredient®" and "Bacon - The Main Ingredient®, Daily Offering".

3. For Lower School menu, click the left drop-down menu and select the LS menu. (The default view is Middle School & Upper School menu.)

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4. To find the ingredients of a food item, click on the text of the food item. In this example, one clicks on the **Vegetable Medley** text, then the ingredient list window appears.

The screenshot shows a web browser at sagedining.com/sites/kinkaid/menu. The page is for Kinkaid School and features a menu with categories like Soups, Salads, Entrées, and Sides and Vegetables. A modal window titled "INGREDIENTS" is open, displaying the ingredients for "Roasted Vegetable Medley". The ingredients list includes: crookneck (yellow) squash, zucchini, onions, carrots, vegetable oil, kosher salt, ground black pepper, paprika, button mushrooms, fresh parsley, fresh basil, fresh rosemary, and fresh peeled garlic cloves. A green arrow points from the "Roasted Vegetable Medley" text in the menu to the ingredient list window. Another green arrow points from the text "Click or tap on the text for the ingredient list." to the "Roasted Vegetable Medley" text in the menu.

KINKAID SCHOOL

CLICK FOR WEEKLY OR MONTHLY VIEW

INGREDIENTS

NUTRITION INFORMATION

Roasted Vegetable Medley

Contains: No common allergens

- crookneck (yellow) squash
- zucchini
- onions
- carrots
- vegetable oil
- kosher salt
- ground black pepper
- paprika
- button mushrooms
- fresh parsley
- fresh basil
- fresh rosemary
- fresh peeled garlic cloves

Recipes are analyzed by SAGE dietitians using The Food Processor® software and are periodically updated. Nutrition information is subject to change and may vary by supplier, season, and preparation.

Click or tap on the text for the ingredient list.

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5. For the Nutrition information, parents will click or select the “Nutrition information” tab. Then email S0156@sagedining.com for the code. When the code is received, paste or type the code in the box, then select or click the Submit button.

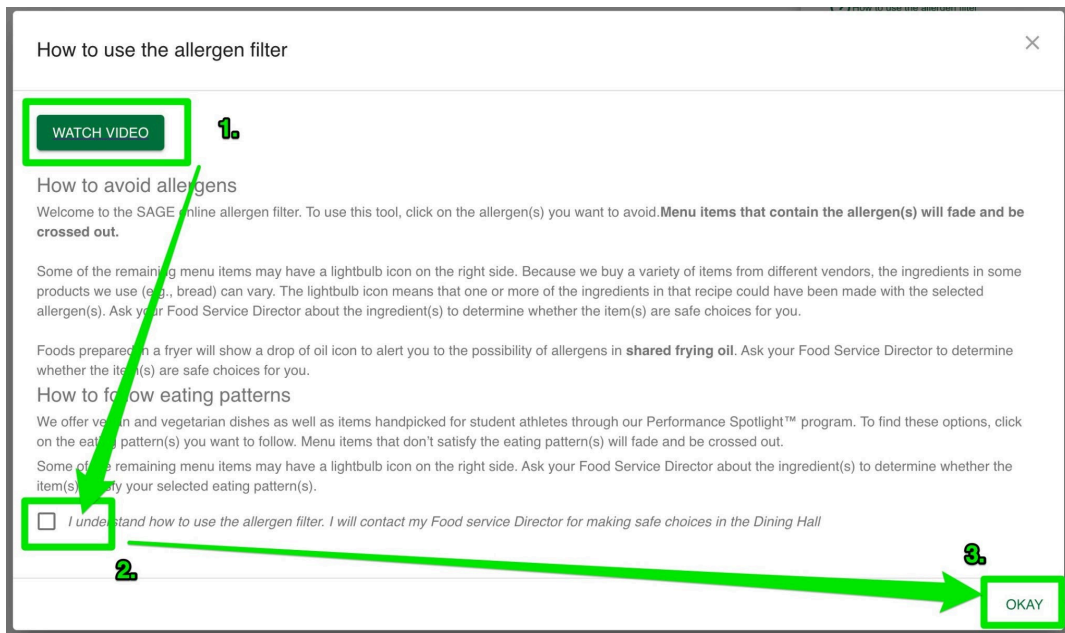
The screenshot shows the Kinkaid School SAGE Dining Services website. A modal window titled "Roasted Vegetable Medley" is open, displaying the "NUTRITION INFORMATION" tab. The modal contains a text box for entering a code, a "SUBMIT" button, and a link to request a code via email at S0156@sagedining.com. Red arrows and numbers 1 through 4 indicate the steps: 1. Click the "NUTRITION INFORMATION" tab, 2. Click the email link, 3. Enter the code in the text box, and 4. Click the "SUBMIT" button. The background shows the school's menu with categories like "TODAY'S MENU", "ADDITIONAL DAILY OFFERINGS", "ALLERGENS", "SOUPS", "SALADS", "ENTRÉES", and "SIDES AND VEGETABLES".

6. For the Allergens filter, click or tap on the “Allergen & Eating Patterns” button on the top right side of the window.

The screenshot shows a button labeled "ALLERGENS & EATING PATTERNS" with a dropdown arrow, highlighted by a red box. Above the button is a link that says "CLICK FOR WEEKLY OR MONTHLY VIEW".

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- Then click on the Video button (optional, but recommended for allergens) to view the video. Click the agreement checkbox (bottom left), then the Okay link (bottom right).



- Then click on the allergens & eating patterns option, then select the filter (Wheat in this example). After selecting the filter, the menu will then adjust according to the allergen selected. (View the video for more information).

